Okahara & Olsen MD, Inc.

PHOTOFACIAL <u>PRE</u>-TREATMENT INSTRUCTIONS (including treatment for dark spots & vascular lesions)

- 1. No sun exposure or use of tanning products 1 month prior to treatment and during the course of treatment.
- 2. Please inform us if you are taking any tetracycline based medications including doxycycline and minocycline. These medications should be held 3 days prior to treatment. If you have questions about other medications, please ask.
- 3. For our male patients: this laser targets red and brown pigment. It may target beard hair as well. If you are concerned over losing hair in the beard area, please inform our nurse to avoid this area during your treatment session.
- 4. Please inform us if you have taken isotretinoin (Accutane) in the past 6 months.
- 5. Discontinue all retinoid based products and glycolic products 3 days prior to treatment. Some common retinoic acid products include: Differin, Retin A, Renova, Tazorac, Veltin, Ziana, and Atralin.
- 6. On the day of your treatment, please come with a clean face (no makeup).
- 7. Typically, you will need 3-4 treatments spaced 1 month apart.